USATF Georgia Association
Long Distance Running Records - 12 KM DISTANCE
Last Submission - 4/19/05

Age Group	Sex	Time	Name	Age	Hometown	Race
Open	M	37:36:1	Adam Pinkston	23	Macon	Harlem '86
Open	F	44:14.0	Michelle LaFleur	29	Savannah	LionsSight '01
8 - 9	M	61:57.0	Kyle Ashcraft	9	Cochran	DublinLions'99
8 - 9	F	59:35.0	Anne Hancock	9	Americus	LionSpirit '93
10 - 11	M	57:30.0	Justin Fry	10	Augusta	Dub/PossumHol '97
10 - 11	F	58:17:0	Anne Hancock	10	Americus	LionSpirit '94
12 - 13	M	47:18.3	Tommy Wilson	13	Sharpsburg	LionSpirit '90
12 - 13	F	67:27:0	Anne Hancock	12	Americus	Dub/PossumHol '96
14 - 15	M	52:04.0	Matt Jones	15	Dublin	LionSpirit '94
14 - 15	F	61:40:9	Becky Brown	14	Thomaston	Harlem '86
16 - 17	M	43:54.0	Robert Sprinkle	16	Ft. Stewart	Georgia Ath '90
16 - 17	F	52:40.2	Chrissie Clements	16	Hawkinsville	LionSpirit '91
18 - 19	M	41:29.0	Robert Sprinkle	18	Ft. Stewart	LionSpirit '92
18 - 19	F	54:32.4	Amy Smith	18	Pinehurst	Georgia Ath '90
35 - 39	M	41:58.9	Mark Nash	35	Byron	LionSpirit '91
35 - 39	F	51:44.0	Kathy Woodard	37	Dexter	Dub/PossumHol '97
40 - 44	M	42:20.8	Tracy Peugh	42	Macon	LionSpirit '90
40 - 44	F	52:22:0	Kathy Woodard	44	Dexter	LionsSight '01
45 - 49	M	42:07.0	Bob Dalton	46	Fayetteville	DublinLions '99
45 - 49	F	56:12.0	Brenda Pantoja	46	Hephzibah	LionSpirit '92
50 - 54	M	41:44.5	John Benkert	50	Hinesville	Georgia Ath '90
50 - 54	F	54:55.2	Joyce Hodges	53	Millen	Georgia Ath '90
55 - 59	M	47:41.0	Larry Miller	57	Lawrenceville	LionSpirit '93
55 - 59	F	58:11.0	Joyce Hodges-Hite	56	Millen	LionSpirit '93
60 - 64	M	47:07.0	Charles Williams	61	Atlanta	LionSpirit '93
60 - 64	F	65:42:0	Joyce Hodges-Hite	62	Millen	DublinLions '99
65 - 69	M	48:27.8	Dick Benson	65	Fitzgerald	Georgia Ath '90
65 - 69	F	79:20:0	Violet Carden	67	Macon	LionSpirit '92
70 - 74	M	58:29.0	Clarence Hartley	72	Young Harris	LionsSight '01
70 - 74	F	1:53:23	Martha Flanders	70	Dublin	Dub/PossumHol 96
70 - 74	M	60:54	Clarence Hartley	75	Young Harris	LionsSight '04

Compiled by Joyce K. Hodges-Hite, Georgia State Records Keeper. Please submit any corrections with complete documentation to the Georgia State Records Keeper for consideration - jimjoyce34@bellsouth.net.