



## USATF Georgia Association Long Distance Running Records - 5 KM DISTANCE Updated 4/23/10

Age Group	Sex	Time	Name	Age	Hometown	Race
Open	M	14:14.7	John Tuttle	29	Douglasville	Love Run 5 km '88
Open	F	16:43.0	Lynn Doering	31	Atlanta	Peachtree City 5 km '93
7 & Up	M	23:48.0	Matthew Jackson	6	Jonesboro	AIR Affair 5 km '86
8 & Up	M	23:14.0a	Sean Hasting	7	Marietta	Peachtree City 5 km '94
7 & Up	F	21:22	Marielle Lewis	7	Marietta	Peachtree City 5 km '05
8 - 9	M	19:42.7	Isaac Lafond	9	Cumming	Viking 5 km '94
8 - 9	M	18:59.0a	William Gordon	9	LaGrange	Peachtree City 5 km '97
8 - 9	F	22:01.0	Allison Danner	9	Roswell	Peachtree City 5 km '99
8 - 9	F	18:19.0a	Saidah Fishenden	9	Lithonia	Peachtree City 5 km '96
10 - 11	M	18:27.0	Jacob Lonberg	10	Barnesville	Lion Spirit 5 km '93
10 - 11	M	18:20.0a	Jacob Lonberg	10	Barnesville	Peachtree City 5 km '92
10 - 11	F	18:56.1	Kelly Cook	11	Atlanta	Viking 5 km '85
10 - 11	F	18:48.0a	Saidah Fishenden	11	Lithonia	Peachtree City 5 km '97
12 - 13	M	17:28.0	Andy Burns	13	Marietta	AIR Affair 5 km '87
12 - 13	M	17:27.9a	Daniel Sanders	13	Alpharetta	Peachtree City 5 km '94
12 - 13	F	19:15.0	Harisimran Corfield	13	Marietta	Peachtree City 5 km '94
12 - 13	F	17:36.3a	Kelly Cook	13	Atlanta	Macon Labor Day 5 km '87
14 - 15	M	16:13.2	Aaron Bishop	15	Rome	Heritage 5 km '92
14 - 15	M	16:07.9a	Eric Collins	15	Macon	Macon Labor Day 5 km '88
14 - 15	F	19:30.0	Tina Frey	15	Peachtree City	Peachtree City 5 km '93
14 - 15	F	18:30.0a	Kari Velasco	14	Kennesaw	Peachtree City 5 km '92
16 - 17	M	15:55.5	Jamey Gilford	17	Lookout Mtn.	Viking 5 km '95
16 - 17	M	15:38.0a	Matt Daniels	17	Covington	Macon RF 5 km '87
16 - 17	F	17:28	Emily Borsare	16	Peachtree City	Peachtree City 5 km '05
18 - 19	M	15:11.6	Powell Grisham	19	Mt. Berry	Chieftains 5 km '90
18 - 19	F	19:16.0	Erin Muntzing	19	Rome	Viking 5 km '91
35 - 39	M	15:34.0	Andy Blackburt	36	Rome	Chieftains 5 km '92
36 - 39	M	15:34.0	Bill Stewart	35	Marietta	Leprechaun 5 km '01
35 - 39	M	14:59.0a	Wes Wessely	39	Stone Mtn.	Macon RF 5 km '89
35 - 39	F	17:14.2	Laura Caldwell	35	Stone Mtn.	Love Run 5 km '88
35 - 39	F	16:57a	Donna Garcia	37	Marietta	Macon Labor Day 5 km '05
40 - 44	M	15:23.0	Steve Venable	40	Jefferson	Leprechaun 5 km '99
40 - 44	F	18:18.0	Alice Smoot	40	Marietta	Cave Spring 5 km '98
40 - 44	F	17:12a	Stephanie Herbst-Lucke	42	Atlanta	Atlanta Women's 5K '10
45 - 49	M	16:17.0	John Benkert	49	Hinesville	Colony City 5 km '90
45 - 49	M	15:09a	John Tuttle	46	Douglasville	Macon Labor Day 5 km '05
45 - 49	F	19:14.5	Donna Presley	45	Toccoa	Depot Chase 5 km '91
45 - 49	F	19:11a	Sue Kelly	47	Atlanta	ATL Women's '09
50 - 54	M	16:31.0	John Benkert	50	Hinesville	PeachFestival 5 km '91
50 - 54	F	20:10.6	Nancy Parker	50	Atlanta	Chieftains 5 km '86
50-54	F	19:36a	Nancy Stewart	52	Atlanta	Atlanta Women's 5K '10
55 - 59	M	17:34.0	Tom Dooley	55	Eastanollee	Cave Spring 5 km '99
55 - 59	M	17:28.4a	Stewart Daniel	56	College Park	Macon Labor Day 5 km '87
55 - 59	F	21:52.9	Nancy Parker	58	Dunwoody	Viking 5 km '95
60 - 64	M	18:21.8	Charles Williams	60	Atlanta	Viking 5 km '92
60 - 64	M	17:45.0a	Dick Benson	62	Fitzgerald	Macon RF 5 km '87
60-64	F	24:35.8	Carolyn Mather	61	Morganton	Carpet Capital 5km '09
60 - 64	F	22:39.0a	Nancy Parker	62	Atlanta	Peachtree City 5 km '98
65 - 69	M	19:44.6	Dick Benson	65	Fitzgerald	SouthJubilee 5 km '90
65 - 69	F	26:43.0	Rita Tomassini	65	Lilburn	TAC Champs '87
65 - 69	F	23:37.0a	Jeanne Daprano	67	Fayetteville	Peachtree City 5 km '03
70 - 74	M	21:33.0	Charles Williams	70	Atlanta	Cave Spring 5 km '02
70 - 74	M	21:18.0a	Clarence Hartley	71	Young Harris	Macon Labor Day 5 km '00
70 - 74	F	37:38.0	Violet Carden	71	Macon	Leprechaun 5 km '96
70 - 74	F	26:51a	Jeanne Daprano	70	Fayetteville	Peachtree City 5 km '06
75 - 79	M	23:36.0	Clarence Hartley	75	Young Harris	Cave Spring 5 km '04
75 - 79	M	23:18.0a	Clarence Hartley	75	Young Harris	Macon Labor Day 5 km '04
75 - 79	F	42:09.0	Eleanor Wade	79	Cordele	Darton Alum 5 km '92
75 - 79	F	41:47a	Diane Wender	76	Atlanta	ATL Women's '09
80 - 84	M	41:58.0	Mark Sternberg	81	Columbus	HDP5 5 km '91
80 - 84	F	43:39a	Betty Lindberg	84	Atlanta	ATL Women's '09
85 - 89	M	28:25.0	Gifton Jolly	85	Atlanta	Chieftains 5 km '92
a – Aided course, does not meet drop/separation rule per 2009 USATF Competition Rule 265, Paragraphs 5(a) & (b).						
Compiled by Joyce K. Hodges-Hite, Georgia State Records Keeper. Please submit any corrections with complete documentation to the Georgia State Records Keeper for consideration - jimjoyce34@bellsouth.net.						



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